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# Funeral Date Set For

Pages 4 & 5

# 29-year-old US-based Ghanaian Lady Pushed Under Moving Vehicle By Her Boyfriend



Page 6

Kinky Sex murder  
of Frank Osei

**Bold & Beautiful**

Dr Setor Abra Norgbe is a mental health advocate with the passion to see others at their best. She is also Ambassador for African Unity



Showbiz

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# FAME IS NICE BUT YOU CAN'T BE YOURSELF – RITA DOMINIC



In an interview on JoyFM's Personality Profile, Rita Dominic elaborated on the complexities of being in the public eye, highlighting the constant scrutiny and criticism famous individuals endure. Reflecting on the persistent scrutiny and judgments she faces, Dominic emphasised that while it has improved with time, it remains a hurdle she navigates. "The fame is nice. It can open doors, it can do all sorts of pleasant things for you, but there are aspects of it I really don't like...you can't really be yourself sometimes. So that's the part that I struggle with even after how many years, I still struggle with it a little bit," she said.

"It gets better, yes over the years, but I still struggle with that scrutiny and those constant judgments," Rita Dominic told the host, Lexis Bill. The Nigerian actress said that additionally, some people cannot separate her from the roles she plays

and these come with misunderstanding her character as a person.

Rita Dominic underscored the importance of delineating herself from her on-screen personas to avoid misconceptions.

She noted that people "tend to think that I'm some of the characters in roles I play. I am not."

Rita Dominic for decades has been regarded as one of the best actresses in Nollywood. She is also a producer.

In 1998, she starred in her first movie, *A Time to Kill* and went on to star in many others in subsequent years, including *Blood Sisters*, *Light in the Dark*, *True Lies*, *The Meeting* and *Desecration*. Having earned acclaim as one of Nollywood's finest actresses for decades, Rita Dominic has also ventured into production. She has helmed various projects, including "The Therapist," "Light in the Dark," "Bound," "The Blindspot," and "Desecration."

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# Painful Exit

ADUANA ABUSUAPANIN NANA AKWASI PIPIM ATWIMA YABI ASANTE, OBAAPANIN AFIA ACHIA, KUMASI TAFO, THE LATE MR KWAKU ADADE OFINSO ASANTE, NANA OWUSU DAPAAH ASIAKWAN THE (2nd) OTUMFUO DOKUHEHE, NANA SERWAAH BONSU KWARTEMAA THE (2nd) OTUMFUO DOKUHEMAA, THE LATE NANA MENSAH YIADOM KUMASI AMAKOMHENE, MR KOFI YEBOAH VIRGINIA, AND THE ENTIRE KUMASI AMAKOM ROYAL FAMILY. WISH TO ANNOUNCE THE SUDDEN DEATH OF THEIR BELOVED DAUGHTER, NIECE



## Brittany BOATENG

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**Rest In Perfect Peace  
Brittany Boateng**



A 29-year-old US-based Ghanaian woman lost her life tragically after her boyfriend allegedly pushed her into the path of a speeding vehicle on a highway.

Brittany Boateng, who was based in Chicago, Illinois, United States, reportedly met with a tragic fate after an altercation with her boyfriend, Quincy, turned fatal on February 23, 2024.

Allegedly, during the heated argument, Quincy pushed Boateng into the path of an oncoming vehicle on a highway.

The devastating incident has led to Quincy's arrest, and the Chicago Police Department is

actively investigating the circumstances surrounding Boateng's untimely death.

Boateng's family and loved ones are left grappling with grief and disbelief over the sudden loss. In honour of her memory, the deceased's funeral has been scheduled for March 24, providing a sombre opportunity for friends and family to bid farewell to their beloved Brittany.

As investigations continue, the Ghanaian community in the US and back here in Ghana mourn the loss of a vibrant young woman, and questions linger about the events leading up to her tragic demise.

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# Canadian Murder Case: Student Chained Boyfriend During Kinky Sex



A seven-member jury panel has been told that a 23-year-old Level 100 Biological student, Safina Mohammed, alias Safina Diamond, who has been charged with killing her boyfriend, chained him during a “kinky sex” and took advantage of his “weaknesses” to execute her plans.

Safina Diamond has pleaded not guilty to the murder of Frank Osei, her Canada-based Ghanaian boyfriend.

Nana Ama Adinkra, a senior state attorney, said while giving her opening address to the jury on Thursday, March 7, that the prosecution will lead evidence to show that the deceased was chained with dog chains.

The senior state attorney also told the jury that in doing so, they would be calling 9 witnesses to prove their case.

The witnesses, the prosecution said, will include Michael Fifi Ampofo Arku, who was earlier held as an accomplice but was discharged upon the advice of the Attorney General on the case docket.

The Senior State Attorney also indicated that the prosecution will be tendering some 31 exhibits.

The items to be tendered include an autopsy report, five huge dog chains, cello tape, four padlocks with 10 keys, a cutter, a pair of gloves, three knives, and the accused person’s various investigation caution statements.

Safina Diamond has denied any involvement in the murder of her Canadian-based boyfriend, Frank Kofi Osei.

She maintained her innocence stance and pleaded not guilty during committal proceedings at the Adenta District Court.

“I am innocent. At the time of the incident, I was not in the house, but near the area, making calls,” she said.

Frank (now deceased) was gruesomely murdered at Ashalley Botwe School Junction in July 2022 when he visited Safina, his girlfriend.

It was the case of the prosecution that, on Sunday, July 24, 2022, Osei, who was on vacation in Ghana, visited Safina, his fiance, who lived at Ashaley Botwe School Junction and decided to spend the night with her.

The prosecution indicated that in the night, Safina, Arku and other accomplices yet to be arrested allegedly stabbed Osei with a knife and strangled him.

Per the facts, Osei’s blood was allegedly cleaned from the floor by Safina and her accomplices while the body was in the room for 24 hours.

The body of Osei, according to the prosecution, was dragged from the first floor of the two-storey building through the staircase.

The body was then dumped at the gate of the house, where the deceased had parked his Toyota Tundra. Safina Diamond allegedly called the police, claiming that her boyfriend, who visited her, had died in her room.

When the police proceeded to the scene, they found the body of Osei lying at the gate of Safina’s house.



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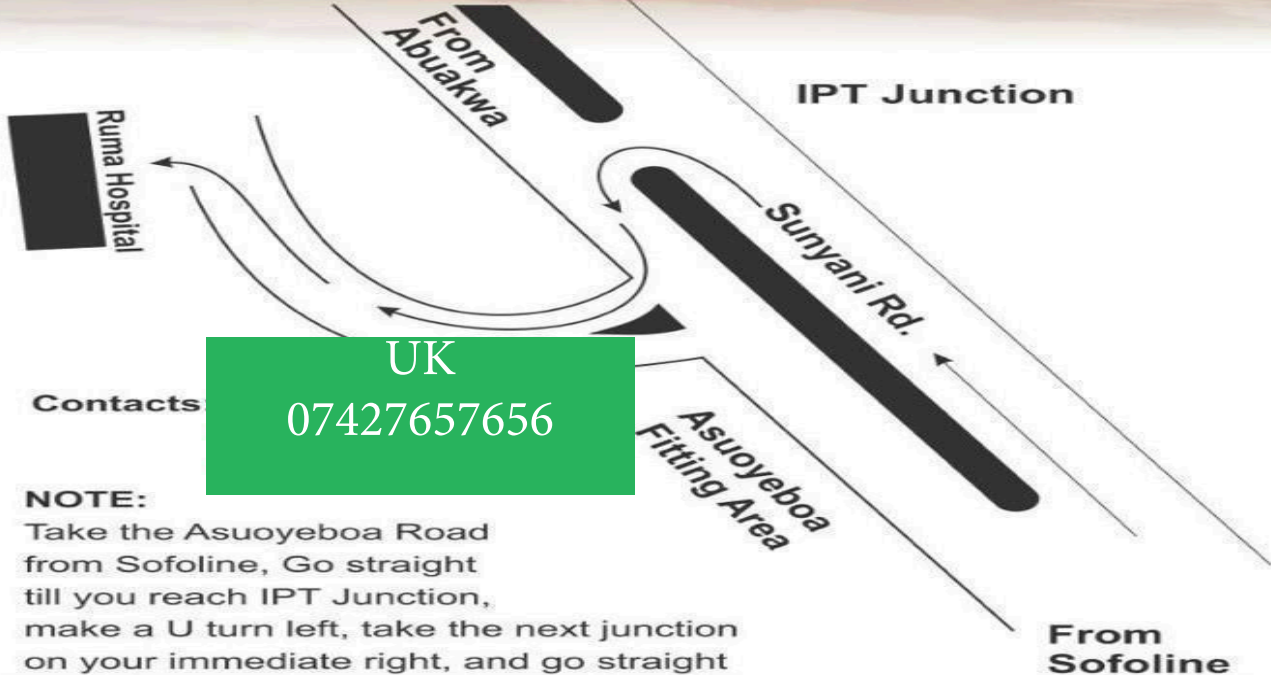
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potentially:

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**Provides you with healthy fats** The much-lauded Mediterranean diet promotes eating healthy fats, including olives, as well as olive oil. Fat does have more calories than carbohydrates or protein. But when it comes to heart health, Peart says the type of fat you eat is more important than the amount.

Boosts the fiber in your diet Olives are a good source of the nutrient, containing 1.5 grams of fiber in about a half cup

### Youth Corner

## Help for Parents of Troubled Teens



### Talking to your child about feelings

If you're worried about a child, encouraging them to talk can be very helpful, whether you're a parent, grandparent, friend or teacher.

If you think a child you know has a problem, it can be hard to know how to start talking to them about it.

When there are problems at home, such as parents fighting, divorce or a death in the family, children can become withdrawn and upset.

Being able to talk to someone other than a parent is sometimes very helpful for children. Grandparents, uncles, aunts, teachers or even a counsellor can all offer support.

**Look for clues in their play** Children express themselves through play as well

as words. You can learn a lot about how they're feeling by simply spending time with them and watching them play.

Stressed and upset children often play fighting games with their toys. Comment on this by saying, "There are a lot of fights going on" or "It seems pretty frightening". This can help to get them talking about what's bothering them.

Even if you do not start a conversation, you'll be making the child feel more comfortable with you, paving the way for them to open up to you about their problems.

If you can get them talking, gently ask what's wrong. But if the child does not want to open up, let the subject go. You can then repeat the process at another time until they're ready to tell you what's bothering them.

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# Ghost Experience

## My Mother

I was 17 when my mum died of cancer in hospice. She died late at night, so my sister, my dad, and I stayed overnight with her. When I woke up, I was alone with my mum, it was very upsetting to see her in the exact same position she had been in the night before. She had not been able to speak or open her eyes for about 24 hours before she died. She made grunts and noises, and you could tell when she was laughing at something said in the surrounding room, so she was definitely present. Just before she passed, she opened her eyes, turned her head to look at me and made a grunt/laugh noise. I laughed and asked "are you laughing at my ugly cry-

ing face?" Then I said "I love you" and she passed away. I'm glad she got to hear that as she passed, and I know she was saying she loved me and was saying goodbye when she looked at me. My sister and I slept in the lounge together the next night. We couldn't sleep. I was sitting on the ground when I heard and felt someone exhale right by my left ear. It sounds silly to recognize someone's breath, but I knew 100% that it was my mum who was behind me and breathing in my ear. I was frightened and laid down on my mattress on the floor. Then I could feel my mum stroking my hair. I was afraid when I heard the exhalation, but I felt very calm lying down and feeling

my mum stroke my hair.

I asked my sister to come off the couch and lie on my mattress instead. I told her what had just happened. Her eyes widened, and she said she had heard the breath too, but didn't say anything as if it scared me. She said that she sensed someone standing by the door to the hallway.

So, I'm not sure if that counts as an interaction, as I didn't see or talk to my mum, but I believe my mum was interacting with me as she passed over. It is a happy memory :)

Unfortunately, the next two years or so were completely crappy and awful as the family fell apart. I miss my mum a lot.

## My Uncle

When I was eleven years old, I came home from school and discovered my uncle's corpse face down in a pool of blood. He had blown his stomach out with a shotgun. Several years later, when I was fourteen, I was alone in the house. It was a brilliantly sunny Sunday morning, around 11 am. My parents had gone off to watch my brothers play little league baseball. I was kicking back, watching cartoon schlock on the TV with my dog, when all of a sudden she started growling and barking. The odd thing was, she wasn't barking at the doors or windows on the ground floor, where an intruder was most likely to enter the house. She was barking at the stairs. I walked over to the base of the stairs and looked up, but there was a landing halfway up that obscured the rest of the stairs from the bottom. My dog is right there, pressing up against my calf and growling as I look up.

And that's where I see him. A full-bodied apparition of my dead uncle. He was standing at the top of the stairs, just outside the room that he had used as his

bedroom during the ill-fated week he stayed with us. He appears completely solid, wearing the same shirt and pants that he died in, but his feet below the knees are hazy. My dog won't stop barking and growling at him.

I am blown away. How awesome is this?! I am seeing a ghost! He seemed to recognize me, and smiled. He reaches his hand out to me, as if he is trying to give me something. I went up the stairs towards him, wanting to see what was in his hand. About halfway to him, as I go to reach out to touch his hand, the fear kicks in: Holy shit! I'm seeing a ghost! This should not be possible!

As soon as that sense of panic wells up in me, my uncle frowns, withdraws his hand, and starts to fade. As soon as he disappears, my dog stops growling. I was scared, but also disappointed in myself, as I had this sense that he didn't want to frighten me, and if I hadn't gotten scared, he would have spoken to me or otherwise communicated. I had blown it by being frightened.

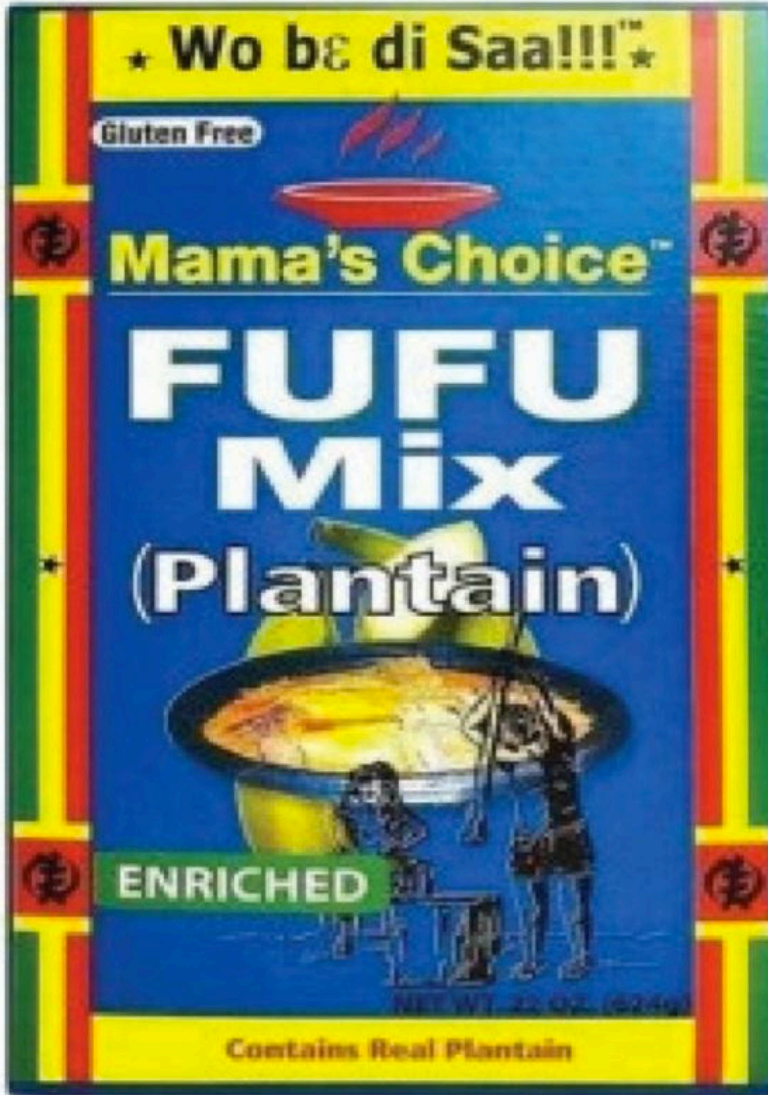
I always regretted letting my fear get the best of me.

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# Gladys Corner

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RELATIONSHIPS



## My Sexual Orientation is Bi

Dear Gladys,

I am bisexual and married with kids. How do I ease my loving wife into this? **James - Tonbridge**

Dear James,

There is really no way to ease her into this. You need to be honest and open with her. If you intend to act out on your attractions, you need to let her know that is your intent- if she wants to divorce, you need to honor her past commitment and love towards her by treating her fairly and ensuring that her financial needs and those of your children if you have any are taken care of. Do not lead her into thinking your intent is to stay monogamous with her if it is not. Do not enter into any emotional or physical relationships until the divorce is finalized. If you do not want to leave, you need to be prepared to be sensitive

to her emotions as well as your own, and discuss as a couple if you want to disclose your sexual identity, which can impact everyone in the family, and you need to consider that. Be prepared if she may still want a divorce. In that case, honor your marriage by ensuring you honor your marriage in how you behave during this process. A lot of her emotions and trust are based on your past actions. You can't pretend that this is a separate issue or that she should see it as such. You may need to redefine relationship guardrails- if neither of you see opposite-sex individuals alone, you need to discuss what this now means in terms of men for you. Do not pressure your wife into or proceed with anything your wife may feel like she has to agree to if she is not comfortable with (within your own bedroom or with others).

## My girlfriend wants a rich guy

Dear Gladys,

My girlfriend says that she loves me but wants to marry a rich guy. What should I do? **Joe -London**

Dear Joe

Some women's insecurities about having money never end, and yet they crave to have true love. If your girlfriend has shown that money is important enough for her to be with someone else for the rest of her life, then she is not going to change because she loves you. Believe me, she probably does actu-

ally love you and is very fond of you, but money will always get in the way because that has much more priority in her mind. If you do convince her to be with you always (i.e. marry her), then you will both end up torturing each other. So, better to enjoy your youth and keep it physical. After her marriage, maybe you can continue being good friends, but obviously, do not have any physical relationship with her after her marriage, even if she wants it (and believe me, she might want it after a few years of marriage) ... don't do that to another man!

## He Will Not Marry Me

Dear Gladys,

My man loves me but doesn't want to marry me. What must I do? **Maame Esi - Accra**

Dear Esi

If you are not getting what you want out of this relationship, why hang around and wait? He is getting what he wants obviously in the relationship

as is and doesn't feel the need to take it further. At my age, I have friends who never married or had kids because of this waiting game, and they really regret it now because the guys broke up with them after several years and married someone else in less than two years. While they are happy, they cannot turn back the clock and now have some regrets. Girl, move on and make sure you get what YOU want!

## My Wife Still Sees The Ex Lover

Dear Gladys,

My wife had an emotional and sexual affair for a year and is now back with me. She still messages the other man and sometimes goes for walks with him but swears nothing is going on. **Yaw - London**

Dear Yaw,

They're still having an emotional affair, which is much more damaging to a marriage, and worse than

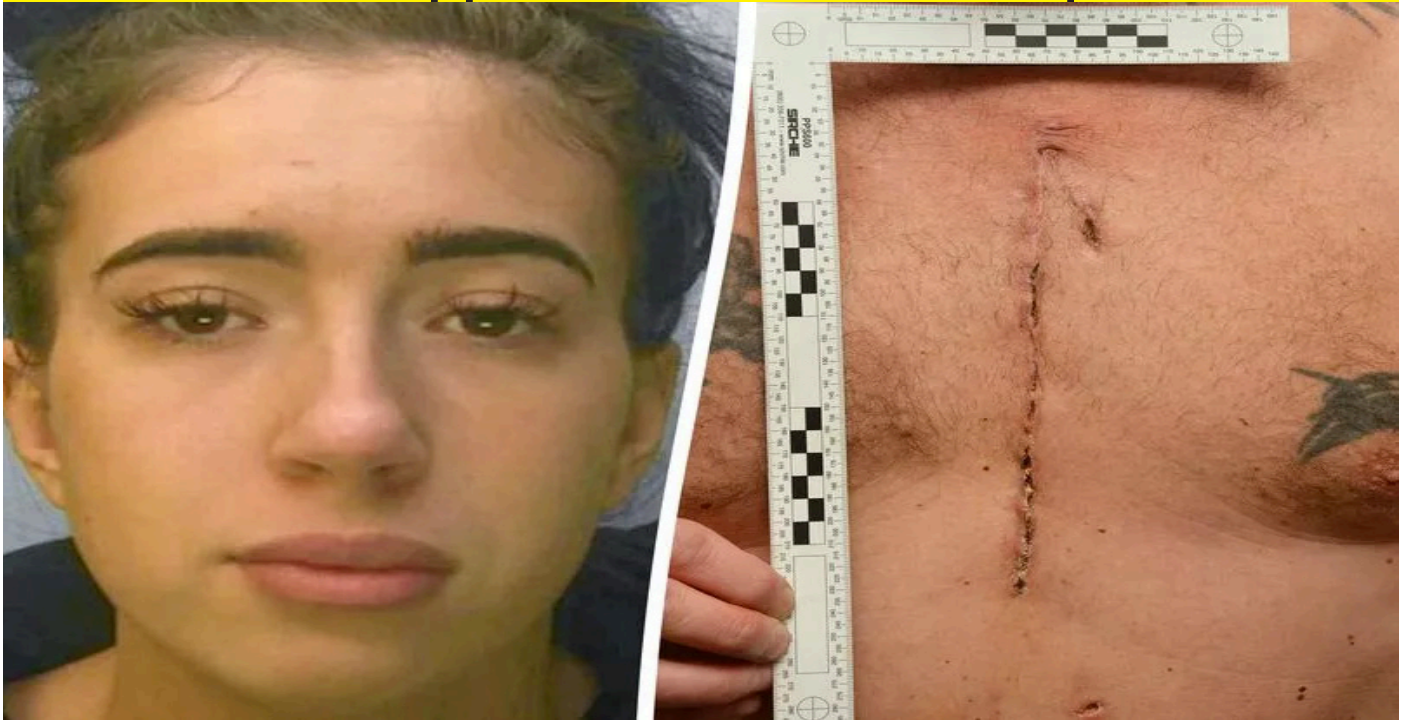
a sexual affair. Makes me wonder why you're still stuck in the middle with two selfish adulterers. You deserve better than that. I assume you love her, and you have invested a lot of time and emotion into her. That is what's keeping you with her, but it is also what will ultimately destroy you. Cut your losses and start a new investment somewhere else with someone else.

**Send Your Stories to Gladys -UK whatsapp +44 7478533383**

RELATIONSHIPS

RELATIONSHIPS

## Woman paid hitman to murder ex after dad disapproved of relationship



A woman and her family paid a hitman £3,000 to kill her ex-partner after her dad didn't like their relationship. Emma Giles, who is now 24, planned with her dad Mark Giles Snr, brother Mark Giles Jnr, and then-boyfriend Sam Millis to trick her ex into coming outside his home so the hitman could stab him.

The victim, who has not been named, survived but was left with permanent physical scars and traumatised. The victim, who was 48 at the time, had been dating Emma Giles, 20 at the time, during the summer of 2019, the investigation found.

Her dad Mark Snr didn't like it and pressured his daughter's boyfriend to break up with her by threatening him with violence. They broke up after a few months, but got back together in December before Emma Giles suddenly stopped talking to the man again. She later agreed to meet him on December 21, but this was a trick, with the victim instead met by an unknown person who brutally stabbed him outside his West Sussex home. He was left for dead but managed to get back inside to contact his neighbour who helped him call an ambulance.

The Giles family and Millis have been jailed, but although identified by police, the hitman never faced trial as he is now dead. Lewes Crown Court heard that emergency services were called to a property in West Chiltington, Horsham, on Saturday, December

21, 2019, to a report that a 48-year-old man had been stabbed in the chest and was critically injured.

He had been lured down the long drive of his rural home to open the gate to his on/off partner Emma Giles, who said she wanted to meet. Vehicle and phone data revealed that Emma Giles, her father Mark Snr, brother Mark Jnr, and then-boyfriend Sam Millis had all been in the area at the time of the attack and had been in constant communication with each other.

Their phones stopped being used after the victim was stabbed, and messages on the hitman's phone in the aftermath revealed he was frantically trying to contact Millis. A Sussex Police investigation determined that the Giles family and Millis had hired the man to kill the victim paying him £3,000.



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# Nana B, other NPP bigwigs rejected water amidst John Kuma's poison allegations

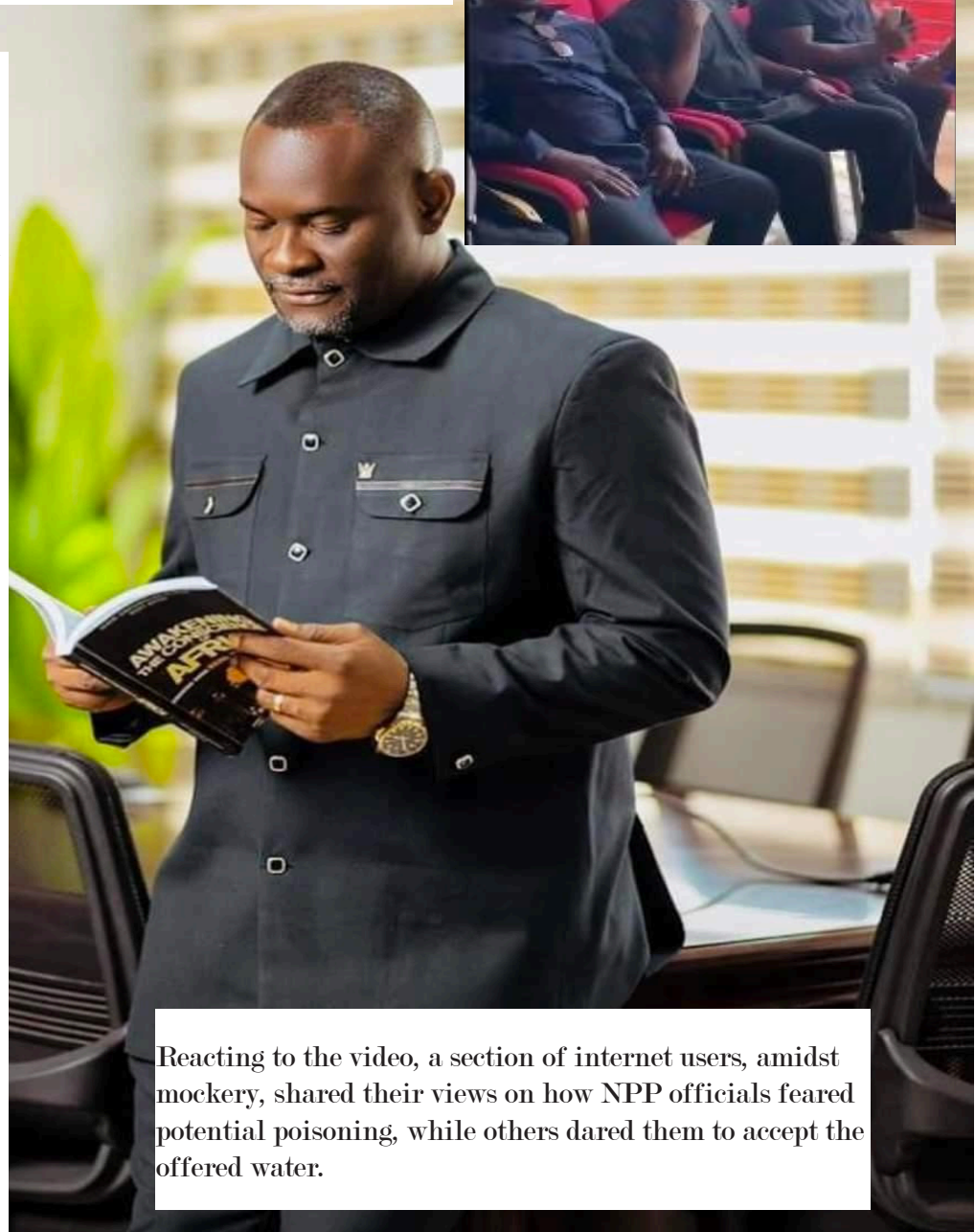
Internet users on the social media platform X, formerly known as Twitter, are ridiculing the purported heightened fear of poisoning within the ruling New Patriotic Party (NPP) as a recent viral video that captures the party's National Organizer, Nana Boakye and other officials rejecting bottles of water offered at a funeral ceremony has become a subject of mockery online.



Shortly after the passing of John Kumah, Deputy Minister of Finance and Member of Parliament for the Ejisu constituency, theories emerged suggesting that both the legislator and Bernard Antwi Boasiako (Chairman Wontumi), the Ashanti Regional Chairman of the party, were poisoned after a party event in Tamale.

Additional theories propose that several NPP officials are potential targets of assassinations due to their political ambitions. While these claims lack substantiation, they have fueled tension and self-awareness within the NPP.

In the viral video, Nana Boakye (Nana B), who was spotted with Justin Kodua, the General Secretary of the NPP, was captured refusing to accept water offered to them at a funeral ceremony.



Reacting to the video, a section of internet users, amidst mockery, shared their views on how NPP officials feared potential poisoning, while others dared them to accept the offered water.

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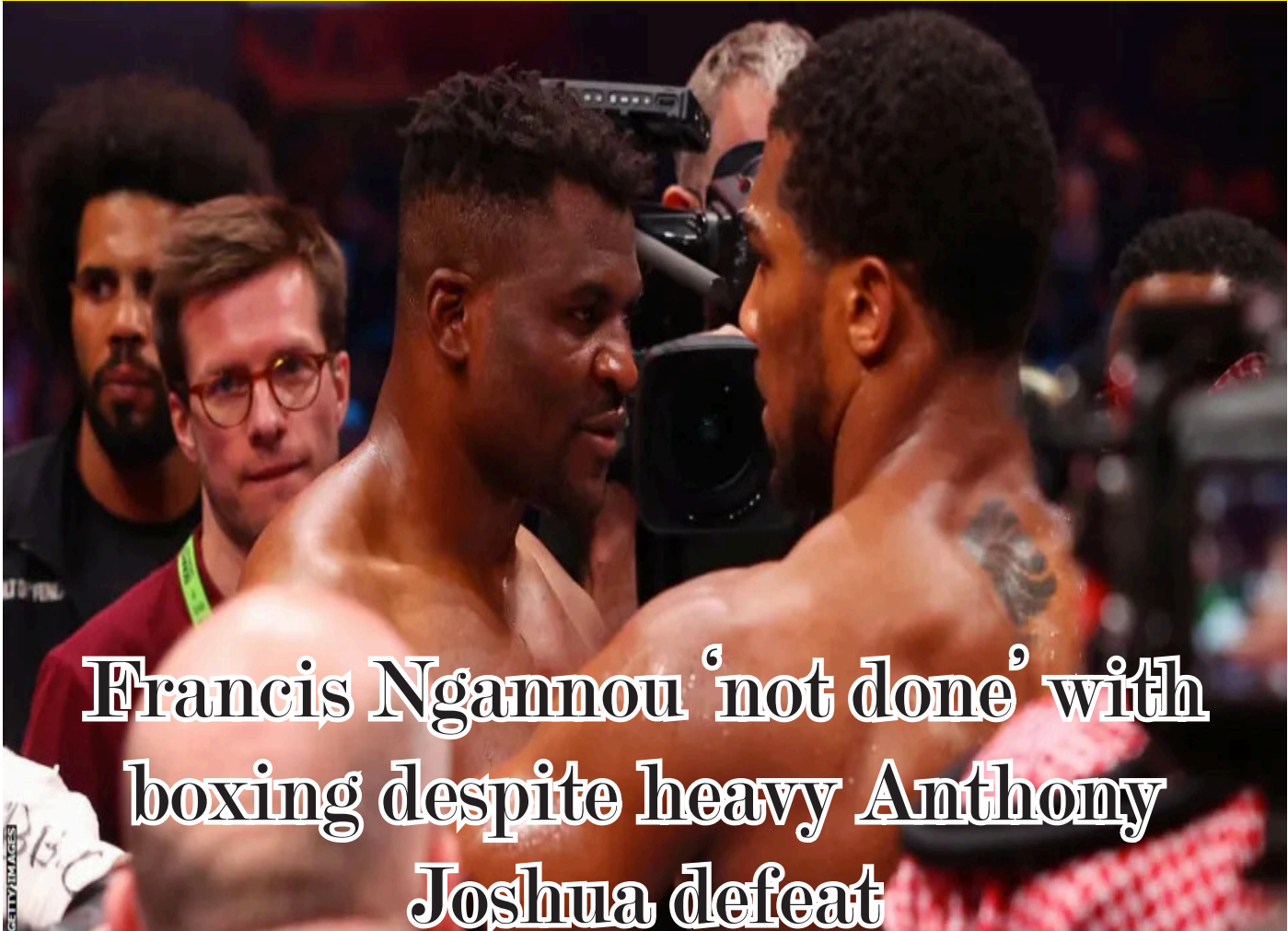
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## Francis Ngannou 'not done' with boxing despite heavy Anthony Joshua defeat

Francis Ngannou says he has no plans to walk away from boxing after suffering a heavy defeat to Anthony Joshua in Saudi Arabia.

The MMA fighter was stopped in two rounds in a one-sided fight.

Ngannou, 37, has two losses in two boxing matches, but dismissed the suggestion of returning permanently to MMA.

"You can be sure I'm not done here. It wasn't my day. He was way better than me today" Ngannou said. "It sucks but it's the game. We all know that."

Briton Joshua, 34, produced a destructive performance against Ngannou, who four months ago took WBC champion Tyson Fury 10 rounds in a narrow defeat.

Ngannou had never previously boxed professionally, having built his fighting career in MMA with the UFC, where he was heavyweight champion. The

Cameroonian was full of praise for Joshua and it is the first time Ngannou has been knocked out in either his MMA or boxing career.

"Joshua was quite special because he stopped me," said Ngannou. "He did what Tyson couldn't do.

"In fact, I didn't feel the punch. I think that's what a knockout is about. I don't feel any pain. That's how I know I was knocked out." In just four months, Ngannou has fought two of the best heavyweight boxers on the planet and been in two of the biggest fights of 2023 and 2024.

However, a few weeks before his fight with Joshua, MMA promotion the Professional Fighters League (PFL) announced he would fight its heavyweight champion Renan Ferreira later this year. Ngannou left the UFC last year to pursue his boxing ambitions, but signed with its rivals the PFL last May. BBC